

# Preserving Dignity & Processing Grief: Integrating Grief and Dignity Therapy In Palliative Care

## WORKSHOP SCHEDULE

| S.No. | Program   | Faculty  | Time              |
|-------|---|--|-------------------|
| 1.    | Welcome & Introduction (20 minutes)<br>Pre Workshop Evaluation<br>Overview and objectives of the Workshop<br>Icebreaking activities   | Ms. Keshav Sharma<br>Dr. K V Ganpathy<br>Ms. Ishita Sarkar | 1.00 pm - 1.20 pm |
| 2.    | Theoretical Framework and Concepts (40 minutes)<br>Concepts of grief, loss, mourning<br>Concept of Dignity, Dignity in Care<br>ABCD model of Dignity<br>Models of Grief   | Ms. Keshav Sharma<br>Ms. Ishita Sarkar                     | 1.20pm - 2.00pm   |
| 3.    | Clinical assessment and integration (60 minutes)<br>Assessment Tools and Indicators (30 minutes) -<br>Brief Grief assessment, Dignity inventory<br>Case Study Analysis (30 minutes)                                       | Dr. K V Ganpathy<br>Ms. Keshav Sharma                      | 2.00pm - 3.00 pm  |
| 4.    | Hands-On Skills and Techniques(60 minutes)<br>Dignity Interview Techniques (30 minutes)<br>Grief-Focused Interventions (30 minutes)   | Ms. Keshav Sharma<br>Dr. K V Ganpathy<br>Ms. Ishita Sarkar | 3.00 pm - 4.00 pm |
| 5.    | Integration and Sustainability (40 minutes)<br>Implementation Strategies (20 minutes)<br>Interdisciplinary team collaboration<br>Evaluation and Quality Improvement (20 minutes)<br>Documentation and follow-up protocols | Ms. Keshav Sharma  | 4.00 pm - 4.40 pm |
| 6.    | Conclusion (20 minutes)<br>Summarise<br>Post Workshop Assessment<br>Q/A session & Feedback  | Ms. Keshav Sharma<br>Ms. Ishita Sarkar                     | 4.40 pm - 5.00 pm |

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